Journeying with Mermaids Oracles and dem Blessings: 
Readings and Reflections/Prompting Creativity 
with dat Black Mermaid Man Lady/Sharon Bridgforth 

JOURNEYING SESSION 
With Sharon Bridgforth 

More about dem Mermaids at datblackmermaidmanlady.com 
Purchase your decks at printerstudio.com/sell/demmermaids 

PROMPTS 
I invite you to write/draw/collage/move - respond/walk with the following prompts - which came via the readings I Offered in this session’s video: 

What is changing in your Life right now? 

As you move forward/what is the power that you are going to stand in . . . what is the Peace you’re going to make/what is the Work you’re going to do/what is the Love you're going to heal/what is the self-care you’re going to Offer - as you stand in your power - what are you going to Offer?