

*Journeying with Mermaids Oracles and dem Blessings:
Readings and Reflections/Prompting Creativity
with dat Black Mermaid Man Lady/Sharon Bridgforth*



(Photo Credit: [Salihah Saadiq Photography](#))

JOURNEYING SESSION

With Sharon Bridgforth

More about dem Mermaids at [datblackmermaidmanlady.com](https://www.datblackmermaidmanlady.com)

Purchase your decks at [printerstudio.com/sell/demmermaids](https://www.printerstudio.com/sell/demmermaids)

PROMPTS

*I invite you to write/draw/collage/move - respond/walk with the following prompts -
which came via the readings I Offered in this session's video:*

What is changing in your Life right now?

As you move forward/what is the power that you are going to stand in . . . what is the Peace you're going to make/what is the Work you're going to do/what is the Love you're going to heal/what is the self-care you're going to Offer - as you stand in your power - what are you going to Offer?