

*Journeying with Mermaids Oracles and dem Blessings:
Readings and Reflections/Prompting Creativity
with dat Black Mermaid Man Lady/Sharon Bridgforth*



(Photo Credit: [Salihah Saadiq Photography](#))

JOURNEYING SESSION 1

With Sharon Bridgforth

More about dem Mermaids at [datblackmermaidmanlady.com](https://www.datblackmermaidmanlady.com)

Purchase your decks at printerstudio.com/sell/demmermaids

PROMPTS

*I invite you to write/draw/collage/move - respond/walk with the following prompts -
which came via the readings I Offered in this session's video:*

What are some of the ways that you are working to receive Love that are based in old stories that don't serve you - and what is the story of that?

What is an old story that you find yourself stuck in that keeps you from Shining more brightly/from doing your Work more fully/from Loving more/from flying?

What is an action that you can take that will help you Align more (and be yourself more fully)?

Who is it that you can lean into for assistance in Aligning right now?

If you were to really focus right now - in that way that is Aligned/in that way that is the truth of who you really are/in that way that is receiving of Infinite Love/and Possibility . . . if you were to really focus - what would you Know?

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